

Your press-on instruction checklist.

Original general checklist. Use alongside the exact product directions.

Keep the original labels and warnings. No universal holding, curing, or removal times.

Nail set / exact product:	_____
Attachment product / system:	_____
Full directions link / reference:	_____
Compatible remover / method:	_____
Directions checked (date):	_____ Set / wearer reference: _____

☐ **1. Confirm the products before you start.**

Identify the kit and adhesive, and read the complete directions.
Check the compatible removal method before applying anything.

☐ **2. Dry-fit and arrange the nails.**

Match each finger before attachment; keep pre-applied backing covered.
Stop and recheck a cover that pinches, rocks, or overlaps skin.

☐ **3. Prepare only as the product instructs.**

Follow the specified cleaning and preparation steps; avoid skin contact with adhesive.
Work in a ventilated area and follow all product warnings.

☐ **4. Attach using the specified method.**

Follow the exact backing, placement, quantity, pressure, and holding instructions.
Exact amount / pressure / holding: _____

☐ **5. Follow the system's next steps.**

Observe its waiting, finishing, and after-application care directions.
Exact next steps / waiting reference: _____

☐ **6. Pause if pain, irritation, or another problem appears.**

Do not press harder or cover a nail problem with a new set.
Seek healthcare advice for a reaction; keep the product details available.

☐ **7. Use the matched removal method.**

Let the bond release as directed. Never pull, peel, or pry a bonded nail.
If it resists or hurts, stop forcing it and seek appropriate professional help.

☐ **8. Deal with residue and check the natural nail.**

Use the specified residue-removal step; do not scrape the natural nail.
Keep damaged or irritated nails uncovered and seek medical advice.

PRODUCT-SPECIFIC NOTES / POINTS TO CONFIRM

